

## 10 THINGS CHILDREN SHOULD KNOW ABOUT PRAYER

by Susan Taylor Brown

### 1. Prayer is communication.

It can be spoken or silent. It can be a song or a story. It can be a picture or a dance.

### 2. Prayer can be done as often as you like.

Every week. Every day. Every hour.

### 3. Prayer can be done however you want.

There's no right or wrong way to pray.

### 4. Prayer can be shared, but doesn't have to be.

It can be done alone or with a favorite toy. It can be done with friends, family or pets.

### 5. Prayer can be done anywhere.

It can be done in your room or at the kitchen table.

It can be done out in your yard, at the park or even at the zoo.

### 6. Prayer can be done in any mood.

You can be happy, sad, angry, scared or confused when you pray.

### 7. Prayer can be for yourself or someone else.

If you know someone who could use a little help—add them to your prayers.

### 8. Prayer doesn't need a certain structure, length or specific words

Whatever words you use, long or short, however your prayer comes out is fine.

### 9. Prayer doesn't need a special occasion.

There are certain prayers appropriate to special occasions

but you don't need to wait for a special time to pray.

### 10. Prayer doesn't have to be a request.

It can also be used to give thanks for what you have already received.

"Thank you," is a perfect prayer.

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Susan Taylor Brown is the author of books for children including *Can I Pray With My Eyes Open?* (ISBN #0786803282) Many children wonder about prayer and this non-denominational, multicultural book offers an answer. Whether angry or upset or alone or playing with friends, every child is assured that they can pray when, where, and how they want — and they will always be heard. You can read more about Susan at <http://www.susantaylorbrown.com>

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